

FOR IMMEDIATE RELEASE

nsfmedia@sleepfoundation.org

Orfeu Buxton, PhD, to Lead Sleep Health Journal, the Global Multidisciplinary Journal Focused on the Benefits of Sleep

WASHINGTON, D.C., June 4, 2019 -- The National Sleep Foundation (NSF), the global voice for sleep health, today announced the selection of Orfeu M. Buxton, PhD, as the next Editor-in-Chief for its award-winning journal *Sleep Health*. Dr. Buxton is Professor of Biobehavioral Health and Director of the Sleep, Health & Society Collaboratory at Pennsylvania State University. Dr. Buxton will succeed Lauren Hale, PhD, Professor of Family, Population, and Preventive Medicine at Stony Brook University.



Dr. Buxton's research focuses on the causes and consequences of sleep deficiency, particularly in the areas of sleep deficiency causes in the workplace, home, and society; health consequences of sleep deficiency, especially cardiometabolic outcomes; and use of biomarkers in field and intervention studies.

"I am honored to be named the next Editor-in-Chief of *Sleep Health*," said Buxton. "I look forward to engaging with the multidisciplinary community of authors, editors, reviewers, readers and the press to advance the Journal, and, in effect, improve the public's sleep health."

"As a distinguished leader in the sleep health research community, Dr. Buxton will be an excellent steward for our Journal," said David Cloud, CEO of the National Sleep Foundation.

Sleep Health won the Best New Journal/SMT Award from the Association of American Publishers. The Journal has a 2018 CiteScore of 3.44 and is ranked #9 out of 70 behavioral neuroscience journals. *Sleep Health* is published by Elsevier, the leader in medical and scientific scholarly publishing. For more information about *Sleep Health*, visit sleephealthjournal.org.

About the National Sleep Foundation

The NSF is dedicated to improving health and well-being through sleep education and advocacy. Founded in 1990, the NSF is committed to advancing excellence in sleep health theory, research and practice. Sleepfoundation.org | Sleep.org | SleepHealthJournal.org