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National Sleep Foundation's *Sleep Health* Journal Wins PROSE Award for Best New Journal

[The National Sleep Foundation \(NSF\)](#) is proud to announce that [*Sleep Health: Journal of the National Sleep Foundation*](#) is the 2016 winner of the Association of American Publishers' award for **Best New Journal** in Science, Technology and Medicine. *Sleep Health* was also a finalist for the 2016 Excellence in Biological & Life Sciences award.

"Winning the Best New Journal award is wonderful recognition of the important work of *Sleep Health*," says National Sleep Foundation CEO David M. Cloud. "We believed there was a need for a journal that would extend sleep research across many diverse, related fields. It's great to know our peers agree."

The National Sleep Foundation launched *Sleep Health* in March 2015 as a multidisciplinary journal exploring sleep's role in population health. Aligned with the National Sleep Foundation's global authoritative, evidence-based voice for sleep health, the Journal serves as the foremost publication for manuscripts that advance the sleep health of all members of society.

Now in its 40th year, the Association of American Publishers' PROSE Awards recognize the best in professional and scholarly publishing.

About the National Sleep Foundation

The National Sleep Foundation is dedicated to improving health and well-being through sleep education and advocacy. Founded in 1990 by the leaders in sleep medicine, NSF is the trusted resource for sleep science, healthy sleep habits, and sleep disorders to medical professionals, patients and the public. For more information, visit sleepfoundation.org or sleep.org. Follow us on [Facebook](#) and [Twitter](#).

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