Figure S1. SNPs selection process

Daytime napping
123 SNPs
(Dashti, 2021)

Filtering:
- \( P < 5 \times 10^{-8} \) & MAF > 0.001*
- \( LD \) clumping**
- Non-palindromic
92 SNPs

Additional instruments:
- Adjusted (sleepiness) – 47 SNPs
- Restricted (sleep apnoea) – 86 SNPs
- 23&Me (no sample overlap) – 17 SNPs

Note. *MAF filtering at 0.001 done by GWAS authors; **passed genetic QC and confirmed to be independent at LD clumping thresholds of \( r^2 < 0.01 \), within a 250 kb window, using 1000 Genomes CEU data.