VOLUME 10, NUMBER 1, FEBRUARY 2024

Art Editorial
Dancing dreams: The intersection of ballet and sleep
Sophie Mickus, and Meir Kryger, MD

Letter to the Editor
Beyond circadian timing: A new model of bedtime procrastination
Vanessa M. Hill, MSc, Sally A. Ferguson, PhD, Grace E. Vincent, PhD, and Amanda L. Rebar, PhD

Tossing and turning: Time to wake up and address racial inequities in insomnia treatment and health care
Shermeeka Hoggans-Mathews, MD, Kerwyn Flowers, DO, Traci C. Terrance, PhD, LCSW, and Roxann Mournatidis, MLSIS, AHIP

Rigorous performance evaluations
Selecting a sleep tracker from EEG-based, iteratively improved, low-cost multisensor, and actigraphy-only devices
Ju Lynn Ong, PhD, Hosein Aghayan Golkashani, MD, PhD, Shohreh Ghorbani, Msc, Kian F. Wong, BA, Nicholas I. N. Chee, BSc, Adrian R. Willoughby, PhD, and Michael W. L. Chee, MBBS

Performance of the Dreem 2 EEG headband, relative to polysomnography, for assessing sleep in Parkinson’s disease
David Andrés González, PhD, Duo Wang, MS, Erin Pollet, MS, Angel Velarde, BA, Sarah Horn, MD, Pablo Coss, MD, Okeanis Vaou, MD, Jing Wang, PhD, Chengdong Li, PhD, Sudha Seshadri, MD, Hongyu Miao, PhD, and Mitzi M. Gonzales, PhD

Psychosocial factors and sleep health
“It’s all connected:” A mixed methods study of insomnia, stigma, and discrimination among individuals on medication for opioid use disorder
Uzoji Nwanaji-Enwerem, RN, FNP-BC, Lois S. Sadler, PhD, RN, FAAN, Meghan O’Connell, MPH, Declan Barry, PhD, Tish M. Knoof, PhD, RN, FAAN, Sanghooon Jion, PhD, Dustin Scheinost, PhD, BS, Klar Yaggi, MD, MPH, BA, and Nancy S. Redecker, PhD, RN, FAHA, FAAN

Sexual minorities and sleep health: How does discrimination and stigma influence a sleep disorder diagnosis?
Michael Segovia, BS, and Patrice Johnelle Sparks, PhD

The association of sleep with physical and mental health among people experiencing homelessness
Nhu Huynh, Darla E. Kendzor, PhD, Chaelin K. Ra, PhD, Summer G. Frank-Pearce, PhD, Adam C. Alexander, PhD, Michael S. Businelle, PhD, and David R. Samson, PhD

Sleep and mental health among youth experiencing homelessness: A retrospective pilot diary study
Mia Budescu, PhD, Anne Reid, PhD, Amanda Sisselman-Borgia, PhD, Nicole Holbrook, BA, Dania Valera, BA, and Gina C. Torino, PhD

Weight bias internalization is positively associated with insomnia symptom severity in young women with disordered eating
Kara A. Christensen Pacella, PhD, and Kelsie T. Forbush, PhD

Psychosocial factors are associated with sleep disturbances and evening chronotype among women: A brief report from the American Heart Association Go Red for Women Strategically Focused Research Network
Brooke Aggarwal, EdD, MS, FAHA, Giada Benasi, PhD, Nou Makarem, PhD, MS, Zara Mayat, MS, Stephanie Byun, MS, Ming Liao, MS, and Elsa-Grace Giardina, MD, MS
The effects of social support and support types on continuous positive airway pressure use after 1 month of therapy among adults with obstructive sleep apnea

Natasha J. Williams, EdD, Andrea Barnes Grant, PhD, Mark Butler, PhD, Matthew Ebben, PhD, Zuzana Belisova-Gyure, MD, Omonigho M. Bibun, MD, Girardin Jean-Louis, PhD, and Douglas M. Wallace, MD

Sleep health in the military

Investigating insomnia in United States deployed military forces: A topic modeling approach

Edwin W. D’Souza, MS, Andrew J. MacGregor, PhD, MPH, Rachel R. Markwald, PhD, Trevor A. Elkins, MS, and James M. Zouris, MS

Sleep health and religion

What’s your religious coping profile? Differences in religious orientation and subjective sleep among religious coping groups in the United States

Royette T. Dubar, PhD, Nicole K. Watkins, PhD, and Meredith O. Hope, PhD

Sleep health in adults

Are we getting enough sleep? Frequent irregular sleep found in an analysis of over 11 million nights of objective in-home sleep data

Hannah Scott, PhD, Ganesh Naik, PhD, Bastien Lechat, PhD, Jack Manners, BPyc(Hons), Josh Fitton, BPyc(Hons), Duc Phuc Nguyen, PhD, Anna L. Hudson, PhD, Amy C. Reynolds, PhD, Alexander Sweetman, PhD, Pierre Escourrou, PhD, Peter Catcheside, PhD, and Danny J. Eckert, PhD

Association between catch-up sleep and cardiovascular disease: Evidence from the National Health and Nutrition Examination Surveys 2017-2018

Hong Zhu, MD, Shouquan Qin, MD, and Meng Wu, PhD

Who sleeps well in Canada? The social determinants of sleep health among middle-aged and older adults in the Canadian Longitudinal Study on Aging

Rebecca Rodrigues, MSc, Amy Jing, BSc, Kelly K. Anderson, PhD, Rei Alonso, MSc, Piotr Wilk, PhD, Graham J. Reid, PhD, Jason Gilliland, PhD, Guangyong Zou, PhD, Kathryn Nicholson, PhD, Giuseppe Guaitani, MD, PhD, and Savio Stranges, MD, PhD

Effects of sleep on breakfast behaviors in recently unemployed adults

Leah C. Callovini, MS, Darlynn M. Rojo-Wissar, PhD, Candace Mayer, BS, David A. Glickenstein, PhD, Avinash J. Karamchandani, PhD, Kevin K. Lin, PhD, Cynthia A. Thomson, PhD, Stuart F. Quan, MD, Graciela E. Silva, PhD, and Patricia L. Haynes, PhD

Sleep health and aging

Association of sleep duration, chronotype, social jetlag, and sleep disturbance with phenotypic age acceleration: A cross-sectional analysis

Meng-Hua Tao, PhD, Christopher L. Drake, PhD, and Chun-Hui Lin, MPH

Accelerometer-assessed assessed in physical function in older men

Calthope Holinguie, PhD, Jocelyn H. Oursu, PhD, Marian Tzuan, PhD, Casandra C. Nyhuis, MHS, Kristine Yaffe, MD, Katie L. Stone, PhD, George W. Rebok, PhD, Sonia Ancoli-Israell, PhD, and Adam P. Osspa, PhD

Poor sleep health predicts the onset of a fear of falling among community-dwelling older adults

Tiao-Yu Chen, PhD, Soonmi Lee, PhD, Kai-Wen Hsu, BS, and Orfeu M. Buxton, PhD

Poor sleep quality increases mortality risk: A population-based longitudinal prospective study in community-dwelling middle-aged and older adults

Oscar H. Del Brutto, MD, Roberto M. Mera, MD, PhD, Denisse A. Rumbea, MHA, Mark J. Sessler, MD, MPH and Pablo R. Castilho, MD

Causal association between sleep traits and autoimmune arthritis: Evidence from a bidirectional Mendelian randomization study

Yujia Li, MD, Qiangxiang Li, MD, Ziqin Cao, MD, and Jianhuang Wu, MD