Art Editorial
Vincent van Gogh’s sleep
Meir H. Kryger, MD

Sleep health disparities
Patient perspectives on facilitators and barriers to equitable engagement with digital CBT-I
Philip Cheng, PhD, Sara Santarossa, PhD, David Kalmbach, PhD, Chaewon Sagong, BS, Kristen Hu, BS, and Christopher Drake, PhD

Sleep health and Daylight Saving Time
Being robbed of an hour of sleep: The impact of the transition to Daylight Saving Time on work engagement depends on employees’ chronotype
Jette Völker, Jana Kühnel, PhD, Franziska Feinäugle and Christopher M. Barnes, PhD

Cannabis and sleep health
Symielle A. Gaston, PhD, MPH, Dana M. Alhusan, PhD, MPH, Rodney D. Jones Jr, BS, W. Braxton Jackson II, MPH, Andrew J. Kesner, PhD Orfeu M. Buxton, PhD and Chandra L. Jackson, PhD, MS

Rigorous performance evaluations
Performance of an open machine learning model to classify sleep/wake from actigraphy across ~24-hour intervals without knowledge of rest timing
Daniel M. Roberts, PhD, Margeaux M. Schade, PhD, Lindsay Master, MAS, Vasant G. Honavar, PhD, Nicole G. Nahmod, MPH, MMS, PA-C, Anne-Marie Chang, PhD, Daniel Gartenberg, PhD, and Orfeu M. Buxton, PhD

A preliminary study on the performance of the Nanit auto-videosomnography scoring system against observed video scoring and actigraphy to estimate sleep-wake states in infants
Liat Tikotzky, PhD, Dar Ran-Peled, PhD, and Hamutal Ben-Zion, PhD

Pregnancy, parenting, and sleep health
Contextual considerations in infant sleep: Offering alternative interventions to families
Levita D’Souza, DPsych, and Tracy Cassels, PhD

Sleep health, the military, and veterans
Physical and behavioral characteristics of soldiers acquiring recommended amounts of sleep per night
Tyson Grier, MS, Timothy Benedict, PhD, DPT, Olivia Mahlmann, MPH, Latoya Goncalves, MPH, and Bruce H. Jones, MPH

Neighborhood disadvantage is associated with sleep disturbance in a sample of trauma-exposed Veterans
Katherine E. Miller, PhD, DBSM, Christine J. So, PhD, Janeese A. Brownlow, PhD, Steven H. Woodward, PhD, and Philip R. Gehrman, PhD, CBSM

Psychosocial factors and sleep health
Social jetlag as a predictor of depressive symptoms among Japanese adolescents: Evidence from the Adolescent Sleep Health Epidemiological Cohort
Norihisa Tamura, PhD, and Kayoko Okamura, MEd

Medical students, perfectionism & sleep: A dozing concern
Shermeeka Hogans-Mathews, MD, DanTasia Welch, MS, Roxann Mountadis, MSLIS, AHIP, and A. Lisa Karian, BS

The association between adverse childhood experiences and insomnia symptoms from adolescence to adulthood: Evidence from the Add Health study
Jill Desch, MPH, Chighaf Bakour, MD, PhD, Fahad Mansuri, MPH, Dieu Tran, and Skai Schwartz, PhD
A longitudinal examination of psychosocial mechanisms linking discrimination with objective and subjective sleep
Natalie D. Dautovich, PhD, Morgan P. Reid, MS, Sarah M. Ghose, MA, Geiyeon Kim, PhD, Caitlan A. Tighe, PhD, Kristy D. Shoji, PhD, and Wendy Kliewer, PhD

Effects of psychosocial sleep interventions on improving infant sleep and maternal sleep and mood: A systematic review and meta-analysis
Jun Liu, BSN, Yu Sun, BSN, Xiaoxiao Fan, BSN, Tianzi Zang, BSN, Lu Han, BSN, Julia Elise Slack, BSN, Jinbing Bai, PhD, Hong Chen, BSN, and Yanqun Liu, PhD

Vulnerability to sleep-related affective disturbances? A closer look at dysfunctional beliefs and attitudes about sleep as a moderator of daily sleep-affect associations in young people
Evangelos Chachos, MSc, Lin Shen, PhD, Yang Yap, PhD, Szelltana Maskevich, PhD, Julia E. Stone, PhD, Joshua F. Wiley, PhD, and Bei Bei, PhD

Sleep duration among adults exposed to family member incarceration during childhood
Dylan B. Jackson, PhD, Alexander Testa, PhD, Daniel C. Semenza, PhD, Christopher N. Kaufmann, PhD, MHS, and Adam P. Spira, PhD

Sleep health and nutrition
Higher intakes of nutrients and regular drinking are associated with habitual sleep duration in pre- and postmenopausal women with comorbidities
Hai Duc Nguyen, MD

Association of plant-based diet index with sleep quality in middle-aged and older adults: The Healthy Dance Study
Sui Tang, MPH, Jin Zhou, PhD, Changshu Liu, PhD, Sai Wang, MS, Yang Cong, MS, Liangkai Chen, PhD, Li Zhang, PhD, Xiao Tan, PhD, Tingting Li, PhD, Yuanyuan Li, Li, Xiange Wang, MPH, Senli Deng, MPH, and Shuang Rong, MD, PhD

Sleep and physical health
Global prevalence of sleep disturbances among breast cancer survivors: A systematic review with meta-analysis
Wen Hui Cheng, BSN (Hons), RN, Rui Hong Teo, BSN (Hons), RN, Ling Jie Cheng, MPH, BSN (Hons), RN, Ying Lau, PhD, BN (Hons), BSc, RM, RN, and Siwe Ting Lau, PhD, MHS, BHS, RN

The risk of major adverse cardiovascular events associated with the use of hypnotics in patients with insomnia
Ali A. El-Solh, MD, MPH, Yolanda Lawson MS, and Gregory E. Wilding PhD

Causal influence of sleeping phenotypes on the risk of coronary artery disease and sudden cardiac arrest: A Mendelian randomization analysis
Yen-Wei Chiu, MD, MPH, Mei-Hsin Su, PhD, Yen-Feng Lin, MD, ScD, Chia-Yen Chen, ScD, Tzu-Ting Chen, PhD, and Shi-Heng Wang, PhD

Both short and long sleep durations are associated with type 2 diabetes, independent from traditional lifestyle risk factors—The Maastricht Study
Jeroen D. Albers, MSc, Ree M. Meertens, PhD, Hans H.C.M. Savelberg, PhD, Sebastian Köhler, PhD, Anke Wesselius, PhD, Miranda T. Schram, PhD, Coen D.A. Stelouwer, MD, PhD, Basiaan E. de Gaan, MD, PhD, Marleen M.J. van Greenebroek, PhD, Carla J.H. van der Kallen, PhD, Simone J.P.M. Eussen, PhD, Hans Bosma, PhD, Nielaas C. Schaper, MD, PhD, and Annemarie Koster, PhD

Associations of sleep characteristics in late midlife with late-life hearing loss in the Atherosclerosis Risk in Communities-Sleep Heart Health Study (ARIC-SHHS)
Kening Jiang, MHS, Adam P. Spira, PhD, Rebecca F. Gottsmann, MD, PhD, Elksie M. Ful, PhD, MPH, Frank R. Lin, MD, PhD, Pamela L. Latsey, PhD, MPH, Emmanuel E. Garcia Morales, PhD, Naresh M. Panjabi, MD, PhD, Nicholas S. Reed, AuD, A. Rickey Sharrett, MD, DrPH, and Jennifer A. Deal, PhD

Bedtime, sleep duration, and sleep quality and all-cause mortality in middle-aged and older Chinese adults: The Dongfeng-Tongji cohort study
Tingyue Diao, MD, Lue Zhou, MD, PhD, Liangle Yang, MD, PhD, Yu Yuan, MD, PhD, Kang Liu, MD, PhD, Rong Peng, MD, Quanlong Wang, MD, PhD, Hao Wang, MD, PhD, Rundong Niu, MD, Pinpin Long, MD, PhD, Handong Yang, PhD, Huan Guo, MD, PhD, Meian He, MD, PhD, Tangehun Wu, MD, PhD, and Xiaomin Zhang, MD, PhD
Sleep health in adults

Six multidimensional sleep health facets in older adults identified with factor analysis of actigraphy: Results from the Einstein Aging Study

Linying Ji, PhD, Meredith L. Wallace, PhD, Lindsay Master, MAS, Margeaux M. Schade, PhD, Yuqi Shen, MHS, Carol A. Derby, PhD, and Orfeu M. Buxton, PhD

Associations between sleep health and obesity and weight change in adults: The Daily24 Multisite Cohort Study

Marquis S. Hawkins, PhD, Darya Y. Pokutnaya, PhD, Daisy Duan, MD, Janelle W. Coughlin, PhD, Lindsay M. Martin, MA, Di Zhao, PhD, Attia Goheer, PhD, Thomas B. Woolf, PhD, Katherine Holzhauer, MS, Harold P. Lehmann, MD, Michelle R. Lent, PhD, Kathleen M. McTigue, MD, and Wendy L. Bennett, MD

Sleep health and cognitive function

The association between sleep spindles and cognitive function in middle-aged and older men from a community-based cohort study

Jesse L. Parker, PhD, Sarah L. Appleton, PhD, Robert J. Adams, MBBS, Yohannes Adama Melaku, PhD, Angela L. D’Rozario, PhD, Gary A. Wittert, MBBS, Sean A. Martin, PhD, Peter G. Catcheside, PhD, Bastien Lechat, PhD, Alison J. Teare, BA, Barbara Toson, MS, and Andrew Vakulin, PhD

Is there an association between daytime napping, cognitive function, and brain volume? A Mendelian randomization study in the UK Biobank

Valentina Paz, MSc, Hassan S. Dashti, PhD, and Victoria Garfield, PhD