The Sleep Health Times

**Sleep Health @accepted in MEDLINE**

After receiving the Best New Journal award in 2016, the National Sleep Foundation is pleased to announce that Sleep Health has been accepted for indexing in MEDLINE, the U.S. National Library of Medicine’s premier online bibliographic database. The Journal will be accessible to professionals worldwide who are researching sleep-related topics. This acceptance ensures that researchers have access to the latest research and guidelines on issues ranging from sleep quality to sleep satisfaction. The acceptance in MEDLINE is also a wonderful recognition of the important work that is highlighted in Sleep Health. Read the full press release on sleepfoundation.org/media-center.

**How America Sleeps**

In keeping with our mission to improve sleep health and well-being, NSF is tracking the ever changing sleep habits, attitudes, behaviors and beliefs of the American public. Through the Sleep Health Index® (SHI), a quarterly fielded nationally representative poll of American adults, the NSF keeps its finger on the nation’s “sleep pulse.” You can now access the insights NSF gathers from SHI by visiting sleepfoundation.org/how-america-sleeps. This newly developed page will showcase the ever changing and evolving sleep trends, and will help NSF better understand the challenging issues facing the public. You can also previous Sleep in America® poll results conducted by NSF.

**SleepTech Award 2017**

Held in conjunction with Health 2.0, the third annual SleepTech Summit will mark the debut of the National Sleep Foundation’s SleepTech Award. This is the world’s first innovation award targeted specifically at advancements in sleep technology. The award encourages the public, media and industry to take notice of the new and emerging sleep technologies with high potential for improving sleep. Applications will be evaluated based on three criteria: innovation, viability and consumer benefit. Up to three finalists will be invited to present their products to a live audience and panel of judges during the SleepTech Summit, October 1-4, 2017. Registration for the award is now open and all applications must be submitted by Friday, June 30 at 11:59 p.m. EST. National Sleep Foundation (NSF) will notify the finalists by Wednesday, July 19th. Visit sleepfoundation.org/sleeptech for more information and to submit your application.

**National Sleep Foundation Achieves Accreditation with Commendation**

In March the Accreditation Council for Continuing Medical Education (ACCME) awarded the highly coveted Accreditation with Commendation designation to the National Sleep Foundation in recognition of our high standards and quality of our Continuing Medical Education program. NSF offers a number of live, online and journal-based CME activities. It is estimated that only one in five organizations achieve Accreditation with Commendation, an elite designation reserved for those organizations that excel as CME providers. Read the full press release on sleepfoundation.org/media-center. You can also register for NSF’s courses on our Sleep Health Learning Center at education.sleepfoundation.org.

**Sleep Disorder Training for Medical Examiners**

Sleep disorders are a major cause of traffic fatalities. Estimates of the proportion of crashes due to fatigue and/or sleep disorders range from 10%-30%. NSF’s Principles of Sleep Health for Medical Examiners online CME course will help Medical Examiners get the tools they need to assess and manage sleep disorders in commercial motor vehicle drivers.

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